

### MEDICAL EXAMINATION FORM

Name: ..... Sex.....Age.....  
 Date of birth:.....Phone No.....  
 Home address: .....Citizenship: .....  
 Next of kin.....Relationship.....

**(A) PHYSICAL EXAMINATION** (To be completed a Medical Doctor )

Suggested laboratory tests:

Urinalysis  Within normal limit  Abnormal

Covid19 test  Negative  Positive

Hepatitis B test  Negative  Positive

If abnormal, explain:

S/N	Clinical Evaluation	Normal	Abnormal	Comments
1	Body Temperature			
2	Blood pressure and pulse			
1	Skin			
2	Head, ears, eyes, nose, throat			
3	Mouth, teeth, gums			
4	Neck and thyroid			
5	Lungs/chest			
6	Breasts			
7	Heart			
8	Abdomen			
9	Genitalia			
10	Back/spine			
11	Extremities/musculoskeletal			
12	Neurological			
14	Other findings			

**(B) MEDICAL HISTORY:** (To be completed by the student)

Please fill YES below if you have had or are currently under treatment for any of the following and fill No where applicable.

	Covid19	Emotional disorder	Reflux
	Anemia	Eating disorder	Hepatitis
	Diabetes mellitus	Drugs/alcohol abuse	Rectal bleeding
	Cancer	Depression	Hernia
	Sickle cell disease	Panic Anxiety disorder	Blood in urine
	Asthma	Shortness of breath with Exercise	Chronic kidney disease
	Pneumonia	Fainting with Exercise	STIs
	Tuberculosis	Mental disorder	Pelvic/Virginal infections
	Recurrent ear infection	Trouble sleeping	Ulcer
	Heart Disease	Bone fractures	Testicular lump
	Congenital condition	Joint injury	Testicular torsion
	Rheumatic Heart Disease	Arthritis	Acne/pimples
	High Blood Pressure	Back pain/problems	Chronic rash
	Heart Palpitations	Neurological disorder	Menstrual history
	Chest pain	Head injury with loss of consciousness	Painful periods
	Thyroid Disorder	Fainting/dizziness	Heavy flow
	Disability	Seizure disorder/convulsions	Irregular periods
	Vision problems	Recurrent Nose Bleeds	Age of 1 <sup>st</sup> period
	Hearing problems	Recurrent sinusitis	Pregnancy
	Locomotive problems	Hearing loss	Serious accident/injury
	Migraine headaches	Hepatitis B	Other conditions

Do you use tobacco?

Yes  No If yes, Number of packets/day

Do you drink alcohol?

No If yes, amount/week

Explanation for any positive answers above

.....  
.....

Allergy to medications/X-ray dyes, please list all

.....

Allergy to food/environment/insect allergies please list all

.....

Have you been close to somebody who has been diagnosed for covid19 in the last two weeks?

.....

**Family History**

Have any of your relatives ever had any of the following?

	Yes	No	Relationship		Yes	No	Relationship
Alcoholism				Stomach disease			
Tuberculosis				Mental illness			
Arthritis				Sudden death (non traumatic)			
Asthma				Epilepsy, Convulsions			
Diabetes				Heart Disease			

**Surgeries**

Appendectomy  Tonsils  Hernia repair

Others: (Specify)

.....  
.....  
.....

Current medications and dose as prescribed by your physician

.....  
.....

Loss of paired organ function

If yes, please explain:

.....  
.....

Recommendation for physical activities, including participation in club and inter- university

Sports  Unlimited  Limited

If limited, please explain:

.....  
.....

**GENERAL RECOMMENDATIONS AND OBSERVATIONS:**

.....  
.....

**EXAMINING DOCTORS NAMES:**

.....

**PLACE OF EXAMINATION:**

.....

**DATE OF EXAMINATION:**

.....

**REGISTRATION NUMBER:**

.....

**DOCTORS SIGNATURE AND STAMP:**

.....  
.....